

2023 TURN BY TURN DIRECTIONS

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|--|--|-------|------|------|------|--------------|
| | | | | | | |
| Start on Graham Street heading South | Unrestricted | Start | 7:20 | | 7:25 | UPTOWN |
| Graham Street turns into Brooklyn Village Ave | Unrestricted | 0.10 | 7:20 | 7:26 | 7:26 | |
| Left on Tryon St. | Unrestricted | 0.37 | 7:22 | 7:29 | 7:30 | |
| Turn Right onto 4th Street | Unrestricted to McDowell, then left three lanes to Charlottetowne, both lanes b/t Charlottetowne and Kings, 2 lanes from Kings to Torrence, then both outbound lanes | 0.67 | 7:23 | 7:32 | 7:34 | |
| 4th Street turns into Randolph Road at Caswell | Both outbound lanes | 2.07 | 7:31 | 7:48 | 7:53 | EAST OVER |
| Turn Right onto Colville Road | Unrestricted | 2.77 | 7:35 | 7:56 | 8:03 | |
| Turn Left on Scotland Ave. | Unrestricted | 3.87 | 7:42 | 8:09 | 8:18 | |
| Turn Left onto Providence Road | Unrestricted | 4.27 | 7:44 | 8:13 | 8:23 | |
| Turn Right on Hanson Dr. | Unrestricted but leave one lane for in / out for Myers Park Drive Residents to get to Day Care parking lot to exit | 4.30 | 7:44 | 8:14 | 8:24 | MYERS PARK |
| Turn Right on Hampton Ave. | Unrestricted | 4.37 | 7:45 | 8:15 | 8:25 | |
| Turn Left on Oxford | Unrestricted | 5.07 | 7:49 | 8:23 | 8:34 | |
| Turn Left on Beverly Dr. | Unrestricted | 5.12 | 7:49 | 8:23 | 8:35 | S |
| Turn Right on Rensford Ave. | Unrestricted | 5.47 | 7:51 | 8:27 | 8:40 | |
| Turn Right on Sharon Road | Restricted to right side of road | 5.57 | 7:51 | 8:28 | 8:41 | <u>۲</u> |
| Turn Left on E. Queens Road | Restricted to right side of road | 5.58 | 7:51 | 8:28 | 8:41 | Σ |
| Straight as E Queens Road turns into W Queens Road (Clear Selwyn) | Restricted to right two lanes on right side of median | 6.22 | 7:55 | 8:36 | 8:50 | |

| Queens Road W. at Princeton Ave. | Restricted to right two lanes on right side of median | 6.67 | 7:58 | 8:41 | 8:56 | S × |
|--|--|-------|------|------|-------|------------------------|
| Straight onto Kings Drive Crossing East Boulevard | Restricted to right two lanes on right side of median | 7.32 | 8:01 | 8:48 | 9:05 | DILWORTH MYERS PARK |
| Cross Brunswick / Atrium Entrance | Unrestricted as Runners transition from right side of road to left. | 7.87 | 8:05 | 8:55 | 9:13 | |
| Turn Left onto Morehead Street | Restricted to left two lanes. Runners face traffic. | 8.97 | 8:11 | 9:07 | 9:28 | |
| Cross Kenilworth Ave. | Restricted to left two lanes. Runners face traffic. | 8.32 | 8:07 | 9:00 | 9:19 | |
| Turn Left on Arosa Avenue | Unrestricted | 8.52 | 8:08 | 9:02 | 9:22 | |
| Turn Left onto Dilworth Road | Restricted to left side of road to Berkeley then right side of road | 8.57 | 8:09 | 9:03 | 9:22 | |
| Turn Right onto E. Park Ave. | Unrestricted | 8.97 | 8:11 | 9:07 | 9:28 | |
| Turn Right onto Winthrop / Myrtle Ave. | Restricted to right side of road | 9.32 | 8:13 | 9:11 | 9:33 | |
| Turn Right onto Mt. Vernon Ave. | Unrestricted | 9.57 | 8:14 | 9:14 | 9:36 | |
| Turn Left onto Dilworth Road | Restricted to left half of road, facing traffic. | 9.77 | 8:15 | 9:16 | 9:39 | |
| Stay Left onto E. Morehead Street | Restricted to left curb lane. Runners face traffic. | 10.02 | 8:17 | 9:19 | 9:42 | |
| Cross Euclid Ave. | Restricted to left curb lane. Runners face traffic. | 10.02 | 8:17 | 9:19 | 9:4 | |
| Turn Left onto S. Tryon Street | Restricted to left two lanes. Runners face traffic. | 10.67 | 8:21 | 9:27 | 9:51 | |
| Turn Left onto Camden Road | Unrestricted | 11.10 | 8:23 | 9:32 | 9:57 | |
| Turn Right onto Kingston Ave. | Unrestricted | 11.25 | 8:24 | 9:33 | 9:59 | |
| Turn Right onto S. Mint Street | Restricted to right half of road | 11.70 | 8:26 | 9:38 | 10:05 | |
| Cross Summit Ave. | Restricted to right half of road | 12.00 | 8:28 | 9:42 | 10:09 | |
| Clear Morehead on Mint Street | Restricted to right 2 lanes (not center lane) | 12.45 | 8:31 | 9:47 | 10:16 | UPTOWN |
| Turn Left on Brooklyn Village Ave. @ Graham St. | Runners restricted to Lane2: right side of yellow median lane | 12.70 | 8:32 | 9:50 | 10:19 | |
| Turn Right on Fourth Street | Unrestricted | 13.08 | 8:34 | 9:54 | 10:24 | |
| Finish on Fourth St. mid-block b/t Graham and Mint. | | 13.11 | 8:35 | 9:55 | 10:25 | |